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Vol XVII, Number 1 - Serving Northern Dutchess County (518) 799-5811 May 2014

Postal Customer

## Anne's Electrolysis - Safe Hair Removal in Rhinebeck

by Lisa Dudley  
Located on the second floor of an elegant Victorian building at 22 East Main Street in Rhinebeck, *Anne's Electrolysis* is so private that some people don't even know the office is there.



Michelle and Ann Lombardozzi

With a steady clientele streaming in and out, **Ann Lombardozzi** and her daughter **Michelle Lombardozzi Strollo** get a lot of their business by referrals. Sitting in their waiting room, talking to these lovely women, is a pleasure and an eye opening experience -- especially if you don't know a lot about electrolysis.

One customer, a woman who prefers to remain anonymous, reveals that she is 70 years old and only just started getting electrolysis two years ago when she learned she could have those pesky **whiskers** removed once and for all. "What a relief!" she proclaims. "It may seem a little vain, but it's something you do for you!"

Another young woman, a new client recently relocated from Yorkville, shared that she once had a **beard** under her chin. She reports the electrolysis has almost permanently removed this unwanted hair. "I still have to come back about once a month for about 15 minutes but that's it," she says with obvious relief.

Continued on page 22

## Dave's Tree Service "Doctors of Tree Surgery Since 1936"



David Hughes, III

It is perhaps not surprising that for his very first Christmas present, **Dave E. Hughes III** received a plastic chain saw! His grandfather started the business back in 1936, taking time off to fight in WWII in the early 40's, and then returned to the business again, this time grooming his eldest son, **David E. Hughes, Jr.**, to take over the business. *They garnered some very large contracts, like clearing the trees for the construction of the New York State Thruway.*

David, Jr. in turn groomed his son, **David E. Hughes, III**, to carry it on and grow it into the premier tree business that it continues to be today, with **three locations in Ulster and Dutchess Counties, specializing in all phases of tree surgery, disease diagnosis and treatment, and the most difficult take downs.** "We are equipped with the tallest, safest and most modern equipment in the industry, working around electrical wires, over homes and pools on a daily basis," says Dave. "We do this

Continued on page 2

## Cornerstone Real Property Services, Inc. Michael Mondello, Certified Residential Appraiser/Owner

by Carol Lee  
*Michael Mondello knows residential real estate.*



Michael

*Mondello has been an appraiser for eleven years and has also practiced as a realtor for 15 years, currently as an Associate Real Estate Broker at Berkshire Hathaway Home Services in Rhinebeck (formerly Prudential Serls). He is, in fact, a third generation realtor, with many siblings also in the business, so it must be in his blood. Early on in his real estate career, he felt it was important to be able to develop and apply a definitive process of pricing homes, so he trained to be an appraiser while continuing his duties as a broker.*

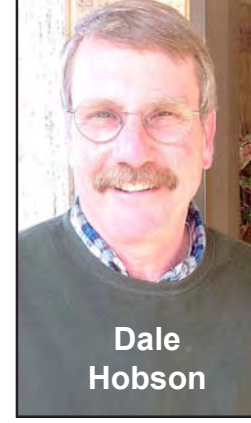
*Mondello admits he initially "sacrificed a lot" by virtue of being both an appraiser and a broker - working two full-time jobs building his business but that "now he is armed with a*

Continued on page 30

## Hobson Appliance Service: Dale Hobson continues the family tradition of quality service

by Lisa Dudley  
*If you were born and raised in Rhinebeck or the Red Hook area, chances are you have a Hobson appliance in your home. That's because the Hobson family name has always stood for quality and dependability for over 80 years. Thanks to Dale Hobson, it still does.*

With the cost and complexity of modern appliances, service is more important than ever. Continuing the family tradition, **Dale Hobson**, the youngest of



Dale Hobson

**5 brothers and two sisters, is the first person you should call. "We may have closed the shop on Route 9," he says, "but my truck is filled with most of the parts I need" to maintain your appliances.**

It seems like the Hobson family has always been a part of the pulse of northwestern Dutchess County and they have shown us, by their example, how to run a good business. *Besides holding a strong work ethic, Dale Hobson has discovered that in today's economy it makes more sense to work from his home office and out of his truck rather than by carrying the cost of a store front, PLUS he can pass on the savings to his customers.*

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## Pine Plains Book Sale May 24 & 26

The **FRIENDS** of the Pine Plains Library will hold a **Book Sale** on **Saturday, May 24, 9 - 2:00 pm** and on **Monday, May 26, 9 - 1:00 pm**, in the shed behind the "old" library location at **7806 Main Street, Pine Plains.** A broad selection of paperbacks and hardbacks will be available, including **children's books, cookbooks, fiction and non-fiction.** **Proceeds from the sale will be used to support the FRIENDS free Summer Concert Series.**



Jon Nandor

## The MMA Collective: Don't just watch it, learn it.

by Cheryl Klawson  
The space at **23 East Market Street in Red Hook** was once home to *Lyceum Cinema*. After that, it was stocked full of antiques for sale. With its dramatic street-facing entrance, monstrous ceilings, and wide-open feel, this space was not destined to be empty. **Jon Nandor**, owner of *The MMA Collective*, has known for years that this was the space he needed to make his dream a reality. He opened his school this year, and has utilized the unique space to provide the community with a place it has needed for a very long time. While the MMA Collective may look like a specialized school from afar, after just one encounter with Jon, it is undeniable that he has *so much more in mind.*

Continued on page 4

## Kukon Brothers: Upholding a long standing family history of quality farming

by Cheryl Klawson  
It was one of the first warm days of the year, and the earth had just recently become visible from winter's long and tumultuous wrath. I pulled into the straight dirt driveway at **2329 Route 9 in Livingston**, and was welcomed by activity all around me. Cars driving past on the highway, forklifts buzzing around hauling bags, and the laughter of three brothers: **John, Justin, and Jordon Kukon.** One of the best things, in my opinion, about our area is the prevalence of family farms. Beautiful country roads, decorated with farms established generations ago, that have stood the test of time to continue to serve us today. *John, Justin, and Jordon Kukon work hard to maintain their own family legacy - a family who has farmed in the Clermont/Livingston area for over four generations.*

*Also well-known and loved around that area is Saulpaugh's Grain Farm, located at 1961 Route 9 in Livingston, yet another*



John and Justin and Jordon Kukon

*long standing family affair. After a long and prosperous run, Saulpaugh's was expected to close*

Continued on page 7

## Annual Mammoth Antique Auction May 10th

The *Hudson Valley Old Time Power Association* is hosting their annual **MAMMOTH antique auction** on **Saturday, MAY 10, 2014.** The auctioning starts at **8 AM sharp.** **Consignments will be accepted on the show grounds May 5-9 from 8 am to 5 pm.** Consignors must pay for any purchases that day. Commission will be paid at a later date.



*Lots of fun, food, beverages*

*and ample parking.* The show grounds are located 3 miles east of the Rip Van Winkle Bridge near Hudson on **Fingar Road, just off Routes 9, 23 and 31.**

For more information, call **518-821-8402** weekdays between **9am and 9pm.**

**Anne's Electrolysis From Page 1**

When asked how she feels about being free from dark hair on her face she replies, "It's worth it. I have so much

Michele and Ann



endocrine system such as irregular menstrual cycles, ovarian disorders or thyroid irregularities."

explains, "because it is hard to shave [that far] below the Adam's apple."

Ann explains, "Part of our training is to recognize medical symptoms which may require referral to a physician."

Ann and Michelle have lots of experience helping men and women use electrolysis to be more comfortable in their bodies -- including those who are transgender.

In addition to facial hair, some women have hair removed from their breasts, their abdomens, and even their buttocks. Others have it removed from their bikini line, underarms, feet, hands, arms and legs.

A quick Google search finds Anne's Electrolysis listed on a national website of top recommended electrologists for transgender treatments. This site states that all clinicians have been thoroughly "researched and verified" before being given the stamp of approval.

"Most men do their eyebrows, their ears, and below their collars" Michelle

Continued on page 23

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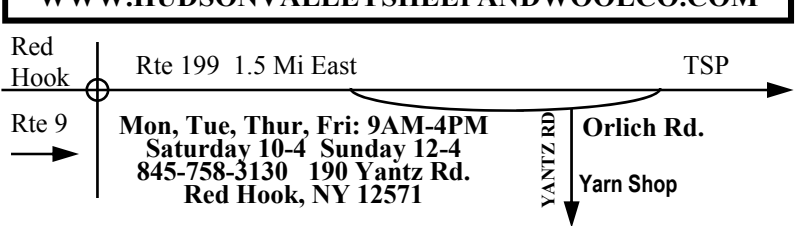
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more confidence now."

Electrolysis does seem to be a long-term commitment to yourself.

"The first month I went an hour every week," she adds. "Eventually I could make appointments further apart for shorter sessions."

Like this young woman, the most common facial hair for females is under the chin.

According to the Anne's Electrolysis website, "Superfluous hair growth is often the result of normal biological changes which females undergo throughout life. As a woman advances through puberty, pregnancy, and menopause, she experiences fluctuations in hormone levels which may cause increased hair growth in an area that has never before been affected."

Wikipedia says, "Excessive hair may also be due to such diverse causes as heredity, certain medications and stress. It is often associated with a dysfunction of the

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### Anne's Electrolysis From Page 22

The Anne's Electrolysis listing states, "You can expect complete privacy and confidentiality. We use state of the art computerized procedure, insulated disposable probes/needles, and sterile equipment."

"We are gender friendly," Michelle affirms. "We are more than just clinicians. We are advocates for the transgender community." It would seem that having Anne's Electrolysis on that coveted transgender listing is high praise considering what a man must go through to remove a

beard via electrolysis. The obvious beauty of working with these compassionate ladies, besides their private and comfortable office space and their positive attitude, is their willingness to schedule off-hours appointments to accommodate a request for absolute discretion or the special needs of celebrities or others with unique situations.

Ann and Michelle are very discreet -- and they have to be -- because they know so much about their clients. In fact, excess body hair is one of those taboo subjects that some people just don't talk about, not even with their closest friends.

"This job is so rewarding," professes Anne with delight. "I'm what's known as a poor girl's psychologist -- like a hairdresser or a bartender."

Her clients talk to her about their feelings -- about having a new life after electrolysis. Anne has been married, "a long time" and she has "a good marriage." Sometimes she gives marital advice too, if it's asked for. She claims that being a good listener is one of the ways to stay happily married, and it works in her electrolysis business as well. "Many women don't even tell their husbands they are going for electrolysis treatment."

Anne admits what she loves most about her work is working closely with her daughter Michelle. They both went to the same school, the New York Institute of Electrolysis in New York City, albeit at different times. They continue to maintain the highest professional standards by attending continuing education seminars together.

"We utilize the newest computerized electrolysis system for the most comfortable and efficient procedure available," Michelle declares.

He used a D Computerized electrolysis is a big advancement compared to when it was first invented in 1875 when Dr. Charles Michel started using it on horses with ingrown eyelashes. cell battery and salt water to give the horse relief. Once the world discovered the technique

was safe and it worked, there was no going back to shaving, bleaching, waxing or plucking!

And speaking of plucking, apparently the old wives tale is true that if you pluck it or wax it, the hair will come back twice as thick.

Why is that? The ladies describe one thousand hairs per square inch of skin, diameters of hair, and dormant follicles versus active hair.

They will happily explain that "every hair takes approximately 4-6 weeks to grow back." To remove

Continued on page 24

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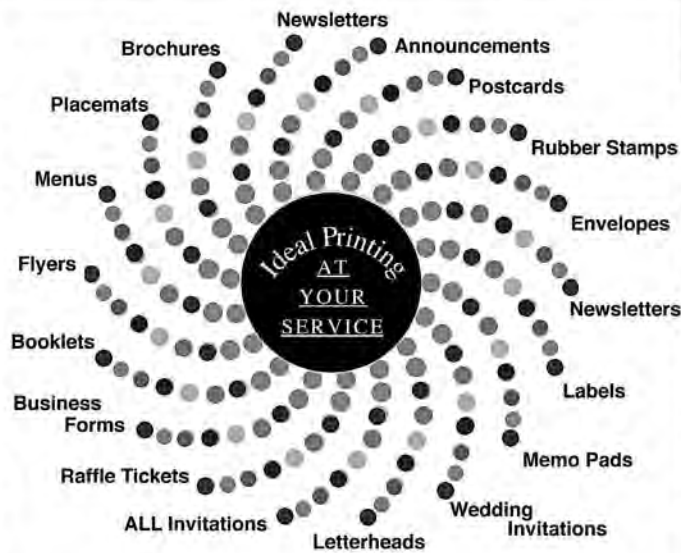
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**Anne's Electrolysis From Page 23**

it, they use electric current attached to a probe filament, and they essentially electrocute the hair follicle. After repeat treatments the hair gives

up and doesn't try to grow back. Or if it does grow back it is often softer and easier to remove.

"Everyone is different and everyone needs their own series of treatments, depending on how thick their hair is and what has

already been done," adds Michelle.

All this talk of needles and probe filaments will naturally make you wonder, "*Does electrolysis hurt?*"

Well, that depends on who you ask and what your tolerance is for pain. Different parts of the face are more sensitive than others, especially under the nose and under the bottom lip. The ladies at Anne's Electrolysis recommend their clients get a prescription to a numbing cream to be applied 25 minutes before treatment.

Once the hair is removed and the numbing cream wears off, there is occasionally some discomfort, but not usually. It is possible that the electrolysis treatment will cause some redness, but that goes away after a few hours.

"We are qualified electrologists with 30 plus years of clinical experience for both aesthetic and medical indications," notes Ann. "Because patient comfort and safety are of the utmost concern we follow the standards set forth by the Centers for Disease Control (CDC) in Atlanta, including sterilization of all instruments, high level disinfection of surfaces and the use of sterile disposable probes/needles, including insulated, gold and stainless steel."

Clearly, Ann and Michelle know what they're doing in a safe, sterile, and comfortable environment. If you want confidential and private hair removal, you should call them at 845-876-4878. For more information about Anne's Electrolysis, visit their website [www.anneselectrolysis.com](http://www.anneselectrolysis.com).



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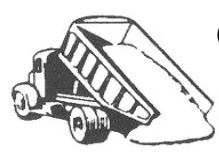
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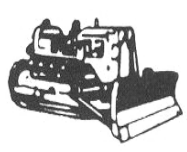
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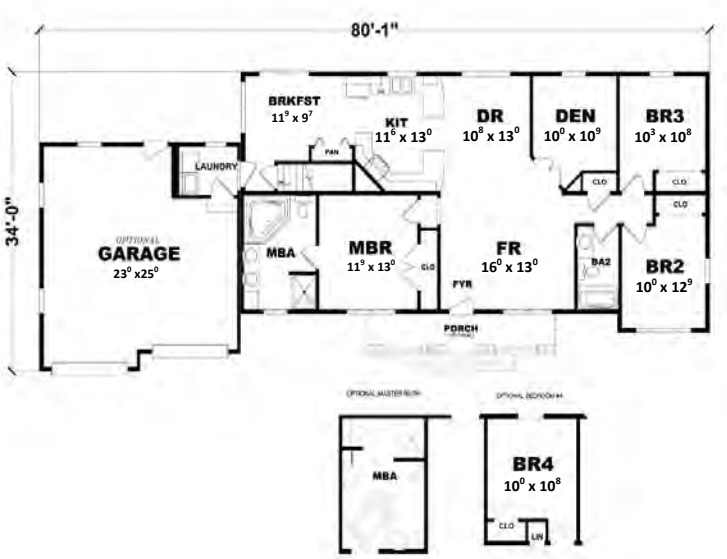
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